

# National Network For Child Care (nccc.org)

## CARROT RAISIN ROUNDS

1 carrot, grated  
1/4 cup raisins  
1/4 cup walnuts  
2 tablespoons mayonnaise  
2 tablespoons plain yogurt  
1 teaspoon lemon juice  
4 slices raisin English muffins (could be toasted)

Clean carrot and shred into small pieces.  
Mix all ingredients except bread.  
Spread on English muffin halves.  
Serve.