

National Network For Child Care (nccc.org)

PEANUT BUTTER POPOVERS

1 can (10) refrigerated buttermilk biscuits
10 teaspoons peanut butter
10 teaspoons fruit preserves

1. Lay biscuits on cookie sheet.
2. Put 1 teaspoon peanut butter and 1 teaspoon fruit preserves on each biscuit.
3. Fold over each biscuit and pinch ends together tight to seal in filling.
4. Bake in preheated oven at 425 degrees for 10 to 12 minutes.

Yield: 10 servings

Serving size: 1 popover

Snack Suggestion: One peanut butter popover and 1/2 cup of milk

(A child can arrange biscuits on the cookie sheet, spoon peanut butter and fruit preserves on biscuits, and help pinch ends together.)