

# National Network For Child Care (nccc.org)

## POTATO PUFFS

1/2 cup mashed potatoes  
1 egg  
1 teaspoon baking powder  
Pinch salt  
2 tablespoons sugar  
1 1/2 cups enriched flour

1. Beat egg into mashed potatoes.
2. Add other ingredients.
3. Drop by tablespoonful into a small amount of hot oil.
4. Fry until light brown.
5. Roll in sugar.

**NOTE:** These are similar to donut holes. This is one way to use leftover mashed potatoes.

Yield: 12 servings

Serving size: 1 potato puff

Snack Suggestion: One potato puff and 1/2 cup of sliced peaches

(A child can help measure ingredients and roll in sugar.)