

Spring Tea Punch

2 cups water
2/3 cup sugar
3 Tbsp. mint, fresh
1 cup orange juice
1/2 cup lemon juice
2 cups strong brewed tea
1 1-liter bottle club soda, chilled
Flower ice cubes or ring, optional

1. Place water, sugar and mint in a large pot.
2. Bring to a boil. Remove from heat and let steep for 20 minutes.
3. Strain mixture through 100%-cotton cheesecloth-lined colander.
4. Add orange juice, lemon juice and tea to flavored water. Chill.
5. Just before serving, add club soda.

Optional - Serve with flower ice cubes by filling ice-cube trays half full with water and place an edible blossom or petal on water in each cube. Freeze until firm, then fill the tray with water and freeze again.

Makes 3 quarts. Per serving: cal 42, fat 0g, chol 0mg, sod 15mg , carb 11g.